

St. Mark Roman Catholic Parish

55 Driftwood Drive, Kitchener, Ontario N2N 3A2 • 519-571-9200 • www.stmarkcatholicparish.org

PARISH STAFF

Rev. Stephen Murrin – *Pastor*

Rev. Mr. Philip Fernandez – *Deacon*

Mrs. Pam Olinski – *Secretary*

The Parish Office is open by appointment only.

Please call or email ahead to schedule your visit.

LORD'S DAY MASSES

Saturday at 5:00 PM

Sunday at 9:30 AM and 11:30 AM

No Children's Liturgy of the Word until further notice.

WEEKDAY MASS

Wednesday 12:00 NOON

followed by Adoration and Benediction

CONFESSIONS

Saturday at 4:15 PM or by appointment.

BLESSED SACRAMENT ADORATION CHAPEL

Closed until further notice.

PANDEMIC PROTOCOL

Seating capacity in the church is restricted to 30%. Doors open 30 minutes before Mass. Seating will be first come, first served. Under the Ontario guidelines, we ask that:

- all who are not feeling well, or have an elevated temperature, please stay home.
- when you visit the church you wear a face covering over your nose, mouth, and chin. Required by the Face Covering By-law 20-035.
- you practice generous social distancing (minimum 6 ft.) and follow the signs and ushers' directions.
- that you use your washroom before coming to church.

WELCOME NEW MEMBERS

We invite you to become a registered parishioner. Please fill out a form from the church lobby and drop it in the collection basket or at the parish office. Please call if you would like Father to bless your home.

OFFERTORY ENVELOPES / PRE-AUTHORIZED DEBIT

To receive an annual tax receipt for your donations you are encouraged to use offertory envelopes and/or to enroll in our monthly debit plan. Offertory envelopes can be requested by filling out a parish registration form, or if you are already registered, simply call the office to request a box. Debit plan enrollment forms are available in the church lobby.

BAPTISM

Baptisms are celebrated during Sunday Mass. Two months' notice is required. Please pick up a baptism form in the church lobby, introduce yourself to Father after Mass and give him your completed form at that time. Dates for preparation and the baptism will be confirmed by the parish office only after you have met with Father.

MARRIAGE

At least 6 months' notice is required. Please introduce yourselves to Father after Mass to set up an appointment.

ANOINTING OF THE SICK / HOSPITAL VISITATION

If you or someone you know is in need of the Sacrament of the Sick, please call the parish office or see Father after Mass. Please advise the office of hospital admissions to request Anointing or a pastoral visit.

ST. VINCENT DE PAUL SOCIETY

Call 519-571-8485 for information on food distribution.



"... The seed is sprouting and growing ..." (Mark 4:27)

MASS INTENTION REQUEST FORM

To have a Mass celebrated for a living or deceased loved one, please fill out this request form, place it in a plain envelope marked "Mass Intention," and drop it in the Sunday collection, or drop it in the mail. Your intention will be printed in the bulletin and announced at Mass.

If you require a Mass card please call the parish office to make pick-up arrangements.

The offering (stipend) for a Mass Intention is \$10 per Mass.

I would like to have _____ Mass(es) celebrated for
HOW MANY?

the intentions of (living) **OR** the repose of the soul of (deceased)

NAME OF LIVING OR DECEASED PERSON(S)

Please choose your preferred way of setting the date for this Mass:

The date of the Mass does not matter.

OR

I would like the Mass to be on this specific date*: _____

**Please submit requests as far in advance as possible to reserve preferred dates.*

Sunday Masses may only be requested twice per year.

All other requests will be satisfied on weekdays.

Requested by: _____

Daytime Phone # or email: _____

We will attempt to contact you if we are unable to accommodate your request.

FOURTEENTH SUNDAY OF ORDINARY TIME

Please keep this bulletin for reference for the month of July. The next bulletin will be published on August 1st for the month of August. For other items of importance, please listen to announcements after Mass, or check the parish website at www.stmarkcatholicparish.org. **Have a safe and blessed summer!**

MASS SCHEDULE FOR THE MONTH OF JULY

Church doors are open 30 minutes before the start of Mass, and seating is restricted to **15% capacity** (first come first seated) until further notice.

Wednesday, July 7

12 Noon + Maria Silvestre – Joao

15TH SUNDAY IN ORDINARY TIME – July 10/11

Amos 7:12-15; Ephesians 1:3-14; Mark 6:7-13

Sat. 5:00 PM + Larry Riedel – Clark & Margaret Myers

Sun. 9:30 am – Intentions of Clem & Carolyn Baumtrog

11:30 am – Intentions of the Parishioners of St. Mark

Wednesday, July 14

12 Noon + Ron Kirkman – Christine & family

16TH SUNDAY IN ORDINARY TIME – July 17/18

Jeremiah 23:1-6; Ephesians 2:13-18; Mark 6:30-34

Sat. 5:00 PM – Intentions of the Parishioners of St. Mark

Sun. 9:30 am + Larry Riedel – Clark & Margaret Myers

11:30 am – Int. of Denise Remillard – Frank & Yvette Tully

Wednesday, July 21

12 Noon – Int. of Frank & Yvette Tully

17TH SUNDAY IN ORDINARY TIME – July 24/25

2 Kings 4:42-44; Ephesians 4:1-6; John 6:1-15

Sat. 5:00 PM – Int. of Richard Remillard – Frank & Yvette Tully

Sun. 9:30 am – Intentions of the Parishioners of St. Mark

11:30 am – Int. of Nicole Adeyemi – Frank & Yvette Tully

Wednesday, July 28

12 Noon – Int. of Pam Olinski & Family – Marilyn Dufresne

18TH SUNDAY IN ORDINARY TIME – July 31 / Aug. 1

Exodus 16:2-4, 12-15, 31a+; Ephesians 4:17, 20-24; John 6:24-35

Sat. 5:00 PM + Larry Riedel – Marilyn Dufresne

Sun. 9:30 am + Maria Silvestre – Joao

11:30 am – Intentions of the Parishioners of St. Mark

SUMMER OFFICE HOURS

Due to pandemic restrictions, the parish office is still **open by appointment only**. Please call or email to schedule a visit.

VACATION: The office will be **CLOSED July 19-23** and closed on Fridays during July and August.

The Sanctuary Lamp burns this week for:

A Private Intention

In our church, two sanctuary lamps continuously burn on either side of the tabernacle, to signify the Real Presence of Jesus.

You may now request to have one or both lamps burn for a special intention or for the repose of someone's soul.

Public intentions will be published each week in the bulletin; private intentions will appear as you see above.

Requests will be received by the parish office in much the same way you would request a Mass Intention – please write “Sanctuary Lamp” on a plain envelope, insert \$5 for one candle or \$10 for both candles. Include your intention, and whether or not you would like it published or private.

Requests can be dropped in the collection or slipped under the office door, or mailed.



World Day of Grandparents & the Elderly

FOURTH SUNDAY OF JULY

In January of this year, Pope Francis announced the establishment of a World Day for Grandparents and the Elderly. The chosen day for the yearly celebration is the fourth Sunday of July, since it coincides with the Feast of Saints Joachim and Anne, Jesus' grandparents.

Pope Francis reminds us about grandparents: “*Their voice is precious because it sings the praises of God and safeguards the roots of peoples. They remind us that old age is a gift and that grandparents are the link between generations, passing on the experience of life and faith to the young. Grandparents are often forgotten and we forget this wealth of preserving roots and passing on.*”

This year, the first World Day celebration will take place on Sunday, July 25 and at that Mass we will give special thanks to God for the gift of our grandparents and all the elderly.

To read Pope Francis' full message for the first World Day for Grandparents and the Elderly, [please click here](#).

Pre-Authorized Giving

Since the Fall of 2015, our Parish has been offering pre-authorized giving as an option to parishioners. Pre-authorized giving allows you to give to the parish intentionally and faithfully through scheduled monthly transfers from your bank account. It helps to ensure regular, dependable contributions to the parish. Even more importantly, it affords an opportunity to reflect on all that God has given you, and prayerfully decide how much of this you will return to God through your offering to the parish. For more information or to enroll, please contact the parish office at stmark@rogers.com.

New Film Invites Us to Really Know the Blessed Virgin Mary

Dr. Josephine Lombardi is a faculty member at St. Augustine's Seminary in Toronto. She recently released, "[The First Lady and Her Successors](#)," a film that explores the many ways that the Blessed Mother Mary can guide us today. She discussed this new film below.

All Christians know Mary of Nazareth is the mother of Jesus. Depending on their upbringing or catechetical background, Catholics and other Christians may not know a lot about her life or role in salvation history. The inspiration for the film was my desire for all people to know Mary of Nazareth with greater intimacy, using Scripture as the starting point.

The film is about the life of Mary, beginning with the Book of Genesis and ending with the Book of Revelation. We journey with Mary as we reflect on mysteries, events, words and actions associated with her earthly life. Accompanying us along the way, we have the stories of nine amazing women, sharing how their own life experiences help them understand and relate to Mary's journey.

The focus of the film is Mary in Sacred Scripture. Although Marian dogmas are implied throughout, the focus is the life of Mary as found in the Bible.

TO WATCH THE [FULL FILM FOR FREE](#), visit [Dr. Josephine Lombardi's website](#).

To watch a [TRAILER](#) of "The First Lady and Her Successor," [please click here](#).



GUELPH VIRTUAL WALKING PILGRIMAGE

July 31 – August 7

Nourish your spirituality. Enjoy the great outdoors.

Those who walk the Guelph-to-Midland pilgrimage find it to be a unique and grace-filled experience.

This year, like last summer, we are not able to walk the pilgrimage as we have for the last 18 years. Covid -19 brought the birth of a Virtual Walking Pilgrimage in a slightly different format.

As a pilgrim, you decide where and how much you want to walk, and you are welcome to participate as much or as little as you can in the day's activities.

You will receive daily emails, including links to:

1. Morning Liturgy at 7 a.m.
2. Morning reflection to set the tone for your day.
3. Some suggestions for activities for each day.
4. Pictures, reflections, music from past years.
5. Sacred Circles using Zoom at 7pm for sharing in small groups the experiences of your pilgrimage that day.

Join us, as we cast off routine for eight days and acquiesce to a community of higher purpose.

Participate for 1 day, a weekend or the full 8 days!

To register or for more information go to www.ignatiusguelph.ca (under programs - Guelph Walking Pilgrimage). Registration fee \$75.00



NO SCENTS IS GOOD SENSE:

A reminder to refrain from the use of perfumes and strongly scented products when coming to Mass. Many folks have allergies and/or sensitivities to scents.

MARRIAGE TIPS:

➔ Listening may be the most important aspect of any relationship, but it is also the hardest part for us to get right! Listening requires our full attention, not just to the words spoken, but also to the emotions attached. Doing so allows us to understand how our spouse is feeling and, if we listen attentively, to repeat back what we are hearing. When we do this without first making a defensive reply, issues get resolved and our spouse feels supported. Then we can reverse roles, expressing our thoughts and feelings on the issue, as our spouse becomes the listener. Happy couples work on these skills until they become second nature, thus keeping their relationship bond strong. From: Family Ministry Office.

➔ Marriages that have lasted over many years give gifts to future generations since they allow them to both look back and grow forward. Long-lasting marriages are a living example of what it means to have enduring love; they give hope. Marriage is at the heart of family, so celebrate your marriage milestones – tell stories of the good times, the times you persevered and the joy of older love. These are important legacies to leave your children and grandchildren!

PARENTING TIPS:

➔ COVID-19 continues to dominate and control much of our lives. All of this affects children, but since they take their cues from adults in their lives, we can help them to feel resilient. Remind them of how happy you are, despite all that is happening that you are together as a family. Remind them of the beauty of nature that is all around for them to see and enjoy, that technology lets them connect with other family and friends and that through all of this we can continue to pray and ask for God's blessings. When they hear anger and frustration, they feel worry and concern; when they hear optimism and calm, they too feel those emotions as well. Let us remind our children how much we love them; help keep them strong during the pandemic.

➔ The summer is a good time to help your children reflect on the successes and challenges of the past school year. God provides every person with gifts to use in the world and it is good to remind your children that we are called to use our God-given gifts. Ask them to reflect on the gifts they see in themselves and share the gifts you see in them. Help them realize that they are indeed special and have good things to offer to others in their lives.

Tips from The Diocesan Family Ministry Office.

RETROUVAILLE

A LIFELINE FOR MARRIED COUPLES

Is your marriage experiencing more trouble than joy, feeling stagnant or disconnected and/or causing you worries?

Retrouaille is a program for married couples facing difficult challenges in their relationship. Retrouaille has one purpose: to help couples restore their marriage and rebuild a loving partnership. This is a practical program, where sharing is not required except between the couple themselves, designed to improve communication, build stronger marriages, and help couples reconnect. It also works well for couples who may be considering separation or divorce. Retrouaille is offering their weekends by zoom offering more possibilities for engagement. For more information call 905-664-5212 or email teamrecine@gmail.com.



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